

Patient Instructions for Bacterial Culture - faeces

Materials needed for the sample collection

- Referral
- Baktset, with test tube and stick (swab)
- Transport container for the sample tube
- *If the sample is to be sent by mail please use the transport envelope that is pre-addressed and pre-stamped.*



Baktset, test tube and stick Transport container

Sample collection

Please note, upon repeated sampling, samples should be taken on different days.

1. Both sample tube and transport container should be marked with name tag or number label from the referral, or write your name and national identification number.
2. Twist off the purple cap from the test tube.
3. Take the sample immediately after defecation and before wiping with paper. Put the swab against the anus to get a sample. Make sure there are faeces on the swab - a small amount of faeces on the swab tip is sufficient. Insert the swab into the tube, break the swab against the tube's edge and screw on the cap.
4. Place tube in transport container. Keep the sample refrigerated (2^o-8^o C) while awaiting transport.
5. Fill in the date of sampling on the referral.
6. Leave the sample promptly, preferably the same day, at the local Health Care Centre laboratory.
7. If you send the sample by mail: place the sample into the transport envelope and either drop it at the mail box or leave it at the local post office. Avoid sending samples on Fridays and on days before holidays as there is no mail delivery the following day.