

Unfortunately, it is now too late to provide pain relief

In accordance with our guidelines, children under 7 should always have access to pain relief during venipuncture. EMLA® sticking plasters or cream are used for pain relief.

The plaster has to be applied to the skin for 1 hour, sometimes longer, to provide optimal pain relief. Therefore, there is not enough time to take the samples before we close today.

We can show you where the plaster should be applied to the skin and you can take the plaster home and apply it to the indicated places.

The plaster should be applied to the skin for at least 1 hour before your appointment.

Once the plaster is removed, approximately 10-15 minutes should pass before the sample is taken.

If you would prefer that we apply the plaster, please make sure you arrive at the clinic no later than 2 hours before closing.

You choose the day which suits you best.