

## Patient instructions for urine collection (daily amount) without additive for the determination of:

.....

Special requirements: .....

### Preparation:

Use only approved containers that are obtained from the laboratory or clinic.

All urine is kept in the container without the additive for 24 hours.

If you accidentally urinate directly into the toilet during the collection period, the urine collection is considered to have failed. Please contact the laboratory or clinic to obtain a new container and start the collection again.



### Follow these instructions:

Urinate into the toilet in the morning (for example, 07:00). This urine will not be saved. Note the time.

Thereafter, collect **all urine** during the following 24 hours in the container.

Urinate the next morning (for example, 07:00). **This urine is also kept in the container.**

Note the time.

Please keep the container cold during the collection period. For some samples the container **has** to be kept cold.

The container is then to be labelled with your name, personal identity number, date and collection time, and then handed into the laboratory.