

BioClinicum guidelines to prevent Covid-19

BioClinicum is a workplace for staff with different employers where the premises and the character of work involve special challenges. Therefore, the House Council has decided on building-specific guidelines to reduce the risk of infection during the ongoing pandemic.

These guidelines apply to the research premises in BioClinicum, including the adjacent space. In addition, you should follow the employer's and Folkhälsomyndigheten's (Swedish public health agency) general recommendations. Link to the KI recommendations:

<https://news.ki.se/information-for-staff-and-students-regarding-covid-19>

The House Council also recommends the following safety measures for KI staff in BioClinicum:

- Use the main entrance on level 4 - *Akademiska stråket*.
- Use the stairs if possible, and there should be a maximum of 3 persons in each elevator (see the signs by the elevators).
- Avoid crowded places (the conference center on level 3, the restaurants, Pressbyrån) and use a face mask if you must go there.
- Meeting rooms – Count the number of chairs and use no more than 1/3 of the chairs in the room. If you organise a meeting, inform the participants how many can participate in the room and prepare video conference participation for the rest.
- Use sparse sitting (1.5- 2 m distance) at the meeting tables in the halls on level 4 and 5.
- The lunch rooms – keep 1,5- 2 m distance. Use only *one* lunch room.
- Receptions, get-togethers and similar events are not allowed in the lunch rooms.
- Open office areas – Keep at least 1,5- 2 m distance and use only *one* table.
- Smaller rooms – use a face mask in small offices and small laboratory rooms.
- Small offices – Use only 1/3 of the seats at once and use a face mask when sharing a room.
- *Laboratory work* – Try to schedule the work in shifts.
- Tissue culture labs – No more than 2 persons at the same time - face mask when sharing.
- Smaller rooms (10-15 m², rooms for microscopy, chemicals, machines, freezers, etc) single users or two for shorter periods (instructions and supervision) with face masks.
- Long lab benches and single-bay labs (c:a 22 m²): at least 2 m between the work stations.
- Supply center - no more than 3 persons at a time, face masks and 1,5- 2 m distance.
- If you need work in the lab alone evenings or weekends – your supervisor must approve this before, always carry a cell phone when you are alone in the lab and notify someone when you leave the lab.