

## **Bukaanada qaba Yaraanta Adrenal/Yaraanta La,aanta Adrenal ma koox khatar ugu jirtaa Covid-19?**

Inta laga ogyahay,bukaanada qaba **Yaraanta Adrenal/Yaraanta La,aanta Adrenal** looma tixgalinayo in ay yihiin koox khatar ku jirta sida bukaanada kale > 70 sano(da,doodu ka wayn tahay). Bukaanada qaba adrenal insufficiency sidaa awgeed wa in ay qaadaan talaabooyinka ka hortaga ah ee ay sameynayaan kooxda kale ee ay isku da,da yihiin.

Hadii uu kugu dhaco Caabuqa Covid-19, waxa hubaal aad yeelan doontaa xooga ilaa dhex dhexaad oo ah astaamaha calaamadaha hargabka/durayga oo ay la socoto xumad/qandho iyo qufac,markaa sidaa awgeed sida xaalad kasta oo kale oo xumad ah,qaado (labanlaab) qiyaas ee Kiniinka Hydrocortisone .waxa kale oo aad hubisaa in aad dub u gudo tamartii badnayd ee kaa luntay (ee ay keentay xumada/qandhada/dhididka),waxa la door bidayaa Resorb fluid replacement (tamar soo celiya/awood soo celiyaha)

Hadii aad aad u jirato/xanuusato ama qaadashada kiniinka iyo dareeraha [ee calooshaada] (shuban iyo matag astaan ama calaamad uma aha Covid-19). Waxaad u baahantay in aad raadsato in aad hesho daawayn xaalad degdeg ah si aad u hesho Solu-Cortef iyo daaweyn.