

## Patient instructions for urine collection during the night for the measurement of albumin

### Preparation:

Use only approved containers that have been obtained from the laboratory or clinic.

The urine is collected in the container without any additive.



### Follow these instructions:

Before bedtime, urinate into the toilet. This urine will not be saved.  
Record the exact time (for example, 22:05)

Then collect all urine in the container **including** the first morning urination.  
Record the exact time (for example, 07:05)

The collection has now been completed.

The collection period must be at least 6 hours.

The container is then to be labelled with your name, personal identity number, date and collection time, and then handed into the laboratory.