



## Better overview, even better care

National patient overview. New opportunities for healthcare to access your information.

## Better overall picture

The national patient overview is now being introduced gradually throughout Sweden. It is already available in many county councils, municipalities and private healthcare providers.

You do not have to do anything yourself. Not right now. But next time you need care, the doctor or other healthcare professional may ask your consent to access some information in your records.

You have the right to opt out of the national patient overview. If you do, you are responsible for telling healthcare staff the information they need to know to provide you with good and safe care.

The website [1177.se/sammanhallen-journalforing](https://www.1177.se/sammanhallen-journalforing) is where you can find all the information. You can visit this site to ask any questions that you may have. You can also see when your healthcare provider is planning to start using the national patient overview.



## Everything is connected

The way you feel is a combination of many factors. If we, the people working in healthcare, know more about you, we can provide you with quicker and better care. This is why we keep records.

These records contain all your medical history with one specific healthcare provider. However, all the records from different healthcare providers are not collected in one place. Any care that you have received from one healthcare provider will not automatically be seen by another provider.

Patientdatalagen (the Patient Data Act) now enables many healthcare providers to read the information in your records. This means that the person you visit can access all relevant information about you, irrespective of which county council, municipality or private healthcare provider you go to for treatment.

This is known as the national patient overview. It has been set up to allow us to see all your medical history more easily and ensure that you receive good and safe care quickly.



## On your terms

The national patient overview allows the person taking care of you to see the kind of care you have received in the past. Immediately. For example, they can see whether you are sensitive to anything or are taking medication that should not be combined with other medicines.

Only healthcare professionals that have a patient relationship with you can access the information in your records. And they must first ask you and get your consent.

Do you want to show some of the information, but not everything? You have the right to block information in your records that you do not want other healthcare providers to see. It is you who decides which information you want to block and for how long. You can ask for this block to be removed at any time.

You decide.



## 14 questions about the national patient overview

### Who can view my information?

Securely identified healthcare staff who need the information to provide you with good and safe care can access the national patient overview. They must have a patient relationship with you and have your consent.

### How do you check that my integrity is being protected?

Securely identified healthcare staff can read your patient records. They must have a patient relationship with you and have your consent. It is possible to use logs to trace who has read your records, and you have the right to access these logs. Every healthcare provider systematically monitors these logs.

### Can I block information?

Yes, you decide whether your patient records will be blocked either in whole or in part in the national patient overview. You also decide if and when a block is removed.

### What happens if I block?

The national patient overview shows that information has been blocked. You decide whether you want to share any blocked information with healthcare staff.

### What happens if I become unconscious?

Then the healthcare staff can request 'emergency opening' of the national patient overview to access your information. However, this does not include blocked information with a different healthcare provider. Emergency opening is monitored regularly by the healthcare provider.

### I do not want to be part of the national patient overview!

You have the right to opt out of the national patient overview. If you tell your healthcare provider this, no other healthcare provider will be able to access your information.

### Are my records on the Internet?

No, all records are stored in the local record systems of the healthcare providers.

### One patient – one set of records?

No. The national patient overview means that several healthcare providers can access each other's information if you as a patient have given your consent.

### What IT security is used?

The Patient Data Act and its regulations contain special provisions for authorisation and access control. Datainspektionen (the Data Inspection Board) is the supervisory authority.

### Can I block my child's information?

No, you cannot block information about your children. As children get older and more mature, they will be able to block information themselves.

## Small glossary

### Can anyone else give my consent on my behalf?

No, only you as a patient can give your consent.

### If I am abroad?

The national patient overview only applies in Sweden.

### Is there information about my medication?

Yes, information about medicines is included in the national patient overview.

### Why is the national patient overview being introduced?

Legislators want to strengthen the patient's integrity, safety and assurance. Healthcare staff can gain an overall picture of your medical history more easily, more securely and more quickly – this enables them to provide you with good and safe care more quickly.

#### Log

When the healthcare staff read your records, this is registered and can be checked later. You have the right to see who has read information in your records.

#### Emergency opening

This allows healthcare staff to access information in your records when you cannot give your consent. Emergency opening is monitored regularly by the healthcare provider.

#### Patient Data Act

Act from 2008 with joint rules on how personal data in healthcare is handled. The act regulates secrecy, the national patient overview, people who have the right to access patient information and the patient's right to block information.

#### Patient relationship

When a healthcare professional has contact with you for care and treatment.

#### National patient overview

Allows healthcare providers to read information in records from another healthcare provider.

#### Consent

When you say yes and therefore give your consent to healthcare staff to access your national patient overview.

#### Block

Allows you to block information that you do not want other healthcare providers to see.

#### Healthcare provider

County councils and municipalities and other legal persons or private healthcare providers that run health-care services.

#### Healthcare staff

People employed by the healthcare provider to administer care and treatment.

## Do you want to know more? Contact us!

Karolinska University Hospital joins with other healthcare providers in maintaining a unified patient record. This means that – with your consent – other caregivers may access your patient record if the information could be important in your treatment and care. If you do not want other caregivers to access your information, please notify our healthcare staff. Other caregivers would then be denied access to your information. However, by denying access, you must be prepared to give the staff at other healthcare facilities the information they need to provide you with appropriate care.

Different places where you can find information:

[1177.se/sammanhallen-journalforing](https://1177.se/sammanhallen-journalforing)

[datainspektionen.se/lagar-och-regler/patientdatalagen](https://datainspektionen.se/lagar-och-regler/patientdatalagen)

[regeringen.se/sb/d/10671](https://regeringen.se/sb/d/10671)